



# Wake BioHotel

A science-backed sanctuary where longevity and well-being take center stage, Wake BioHotel redefines urban hospitality in Medellín. With biohacking amenities, nature-inspired minimalism, and spaces rooted in functional hospitality, the hotel is thoughtfully designed to enhance rest, recovery, and vitality. Guests enjoy nutrient-rich dining at Silo and restorative wellness experiences like yoga, saunas, a cold plunge, and Sastra Longevity Club programs, all in a dynamic setting. This is the perfect choice for travelers seeking purposeful, curated wellness in the heart of the city.

— see more

**Address**

Carrera 25 No 3  
115 Tesoro  
Medellín, 050021  
Colombia

**Closest Airport**

MDE— José María  
Córdova (20km)

**Rooms** 149

**Food & Beverage**

Silo restaurant with  
superfood cuisine,  
The Silo Bar, and  
Pergamino coffee cafe

**Spa & Recreation**

Longevity therapies,  
yoga, pool, saunas,  
Jacuzzi, and gym

**Meetings & Events**

Spaces for weddings,  
conferences, and  
retreats; Biophilic  
co-working spaces in  
restaurant and cafe

**Chain Code** DS

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